



PRE-MARITAL COUNSELLING FORM

EDUCATE · EMPOWER · ENGAGE

This questionnaire should be completed before your pre-marital counselling sessions. We are not looking for right or wrong answers — we want your complete honesty. All responses are strictly confidential.

HOW TO SUBMIT

1. Complete all sections honestly and in full.
2. Save the PDF with your name in the filename.
3. Email your completed form to:

odigiaglobal@gmail.com



PERSONAL DETAILS

Full Name

Date

Church / Congregation

Sex (Male/Female)

Age

Partner's Name

01

THINKING ABOUT MARRIAGE

Are you a Christian?

- ☐ Yes
☐ No
☐ Still exploring

Issues arise after marriage — money, chores, child-rearing, worship, church involvement. How much have you talked about these with your partner?

Which of the following apply to you? (Tick all that apply — shared only with your counsellor)

- ☐ Abortion
☐ Have child / children
☐ Previously divorced
☐ Identify as bisexual / homosexual
☐ Currently pregnant
☐ None of the above

Does your partner know about any of the above? If yes, how are you both handling it?

02

RELIGION

"Marriage is a covenant between a couple (male and female) and God." Do you agree? Explain.

What do you understand about the Bible's teaching on marriage? (e.g. Eph. 5, Matt. 19:3-12, 1 Cor. 7, 1 Pet. 3:1-7)

What religious group do you belong to?



What religious or denominational differences do you and your partner have?

How are any differences being worked out?

Are you comfortable with your present spiritual condition?

- ☐ Yes
- ☐ No
- ☐ Working on it

Do you find it easy to pray together as a couple?

- ☐ Yes
- ☐ No
- ☐ Sometimes

Do you have a daily time set aside for personal devotions?

- ☐ Yes
- ☐ No
- ☐ Occasionally

Are you planning to have set times for the couple and family to pray together?

- ☐ Yes
- ☐ No
- ☐ We've discussed this

Where do you plan to attend church as a couple / family?

How active are you currently in your church?

03**COURTSHIP**

What factors attracted you to your partner?

What is your personal definition of love?

Do you love each other?



- ☐ Yes
- ☐ I believe so
- ☐ Still growing

Why do you want to marry this person and not someone else?

How long have you known each other?

How long have you been in this relationship?

What kind of temperament do you have? Describe your most common moods and feelings.

Are you easily offended?

- ☐ Yes
- ☐ No
- ☐ Sometimes

If yes, what tends to offend you?

Do you have a sense of humour?

- ☐ Yes
- ☐ No
- ☐ Depends on the context

What do you like most about your partner?

What do you dislike most about your partner?

In what ways are you socially alike?

In what ways are you socially different?

What is your highest level of education?

- ☐ Primary / Elementary
- ☐ Junior Secondary
- ☐ High School
- ☐ College
- ☐ University
- ☐ Graduate
- ☐ Other

Highest degree earned?



- ☐ Bachelor's
- ☐ Master's
- ☐ Doctorate
- ☐ Other
- ☐ N/A

What is your occupation?

Are you experiencing job satisfaction?

- ☐ Yes
- ☐ No
- ☐ Somewhat
- ☐ N/A

Do your parents approve of your choice of partner?

- ☐ Yes
- ☐ No
- ☐ Unsure
- ☐ N/A - parents not in picture

Do your friends approve?

- ☐ Yes
- ☐ No
- ☐ Mixed views

Why do you think they feel the way they do?

How do you relate to your mother and father (or those who raised you)?

Were your parents ever separated or divorced? How has that affected you?

Describe briefly a major conflict with your partner and how you handled it.

Were you in any relationship before this one?

- ☐ Yes
- ☐ No

If yes — how did it end?



How soon after did you enter this relationship?

Have you discussed the previous relationship with your current partner?

- ☐ Yes
- ☐ No
- ☐ N/A

What is the worst thing you could discover about your partner?

04**REASONS FOR MARRIAGE**

Why do you want to get married? Tick all that apply.

- ☐ To escape an unhappy or stressful situation (home, work, church, etc.)
- ☐ To share your life completely - success, failure, hopes
- ☐ As an expression of love and commitment to your partner
- ☐ To feel less lonely
- ☐ People keep pressuring you to get married
- ☐ You feel you have gone too far and it would be better to marry
- ☐ To be your partner's companion for life
- ☐ You feel very romantic toward your partner
- ☐ The sexual pressure is too great
- ☐ You feel you can give your partner a better life

05**COMMUNICATION**

How do you react when you are angry? (e.g. raise your voice, walk out, go quiet, etc.)

When there is a disagreement, you usually...

- ☐ Stop discussing the issue
- ☐ Try to prove you are right
- ☐ Back down quickly
- ☐ Try to reach a compromise
- ☐ A mix of the above

Have you and your intended ever argued?

- ☐ Yes
- ☐ No

Do you find it difficult to say you are sorry or to ask forgiveness?

- ☐ Yes
- ☐ No
- ☐ Sometimes



Do you find it easy to forgive and forget?

- ☐ Yes
☐ No
☐ Depends

When you disagree with someone, do you bring up past wrongs at the same time?

- ☐ Yes
☐ No
☐ Sometimes

Do you try to find all the facts before reaching a conclusion, especially when you hear "gossip"?

- ☐ Yes
☐ No
☐ I try to

When someone speaks to you, do you genuinely listen — or are you already preparing your defence?

- ☐ I genuinely listen first
☐ I tend to prepare my response
☐ Depends on the situation

06**SEXUALITY**

Does thinking about sexual intercourse make you anxious, based on what relatives or friends have told you?

- ☐ Yes
☐ No
☐ Somewhat

When last did you have a complete physical examination?

What were the results? (general health status — shared only with your counsellor)

Is there a difference between sex and love? If yes, what is it?

Do you feel it will be necessary to tell your spouse what satisfies you sexually?

- ☐ Yes
☐ No
☐ Unsure

Do you think the husband should always initiate sex?

- ☐ Yes
☐ No
☐ Either partner

What do you think is the purpose of sex in marriage?



Which books have you read on marriage?

Have you discussed what you have read with your partner? Which aspects?

07**BIRTH CONTROL & CHILD BEARING**

Name the methods of birth control you know are available.

Which method(s) have you decided to use as a couple? Why?

Have you read about the reliability, cost, and side-effects of your chosen method?

- ☐ Yes
- ☐ No
- ☐ Partially

How long after marriage do you intend to have children?

How many children do you plan to have?

08**HUSBAND & WIFE RELATIONSHIP**

How do you feel about household chores — cooking, cleaning, laundry, lawn, dishes, etc.?

What do you expect of your partner in marriage?

What does your partner expect of you?

Long-term goals (5 years and over)

Short-term goals (under 5 years)

What is your attitude towards the wife working outside the home?



Do you believe both partners should discuss matters and share in decision-making?

- ☐ Yes
☐ No
☐ Depends on the decision

Do you believe the husband is the head of the home and has the final say?

- ☐ Yes
☐ No
☐ In certain matters

Do you understand that Biblical leadership is gentle, considerate, and loving?

- ☐ Yes
☐ No
☐ Still learning

Give a practical example of gentle, considerate, and loving leadership.

Do you recognise your equality before God and each other?

- ☐ Yes
☐ No
☐ Still processing this

Do you count the success or failure of one partner as shared between you both?

- ☐ Yes
☐ No
☐ In some areas

Do you believe in seeking counselling to help solve personal problems?

- ☐ Yes
☐ No
☐ Depends on the situation

09**FINANCE**

List your priorities in a budget.

What is your attitude towards debt?

How generous are you?

Are any relatives financially dependent on you?



☐ Yes

☐ No

What do you think about life insurance for your family?

What do you think about health insurance?

How soon after marriage do you intend to write your will?

If you need financial help as a couple, where would you go?

How do you plan to handle finances as a couple?

☐ Pool all finances together

☐ Handle finances independently

☐ A hybrid of both

☐ Not yet decided

10

LIVING & GROWING TOGETHER

How do you react to conflict in general?

What irritates you most in your partner's conduct?

How will you handle it when a normally kind partner says or does something hurtful?

How do you think you will handle major life reversals — unemployment, debt, sickness?

Why is appreciation of each other important to a healthy family life?

Why are planned times together important?

Why are positive communication patterns important?



Why is sensitive listening important?

Do you practise these things?

- ☐ Yes, consistently
- ☐ I try my best
- ☐ Still working on it
- ☐ Not really

What will you do if you discover your partner is romantically interested in another person?

Partner's hygiene habits

Partner's eating habits

Partner's manners

Are you aware that you cannot change your partner — only yourself?

- ☐ Yes
- ☐ Still accepting this
- ☐ No

Are you willing to trust God to change your partner in His own time?

- ☐ Yes
- ☐ Working on it
- ☐ No

What is the worst thing your spouse could do?

What would your response be?

11

VALUES & INTERESTS

If you had extra money, what would you spend it on?

What do you spend most non-working time doing?

What interests do you and your partner have in common?

Hobbies

Favourite sport(s) / games

Music you like

Favourite food

Food you dislike most



What do you personally believe about sex before marriage?

How far should you go physically during courtship?

How far should you go physically during engagement?

Where will you live after marriage? (house/apartment, city/parish, etc.)

12**FAMILY OF ORIGIN**

Adapted from Dr. Stanley Watson's The Heading Family (1989)

The basis of control in my family was:

- ☐ One or both parents made us feel guilty
- ☐ One or both parents made us feel ashamed
- ☐ Force or manipulation by everyone
- ☐ Clear rules enforced by parents together

Anger in my family was:

- ☐ Stifled and not expressed
- ☐ Indirectly expressed by actions
- ☐ Directly expressed by actions
- ☐ Openly processed by talking it out

Decisions in my family were made by:

- ☐ Father or Mother
- ☐ All the family together
- ☐ Each member made their own decisions
- ☐ Cooperating parents

Affection in my family was:

- ☐ Repressed by father but expressed by mother
- ☐ Mixed with hurt feelings
- ☐ Seldom expressed
- ☐ Open and genuine

Parenting in my family was:

- ☐ Mostly mother's responsibility; father had little involvement
- ☐ Too confining and stressful
- ☐ Hardly done — everyone took care of themselves
- ☐ Cooperative effort of both parents

Discipline in my family was:

- ☐ Strict but fair — generally one parent
- ☐ A group event; everyone got involved
- ☐ Cruel and inconsistent
- ☐ Age appropriate, by both or either parent

Holidays in my family were:

- ☐ Traditional and predictable
- ☐ Stressful and depressing
- ☐ An excuse to act out or have a good time
- ☐ Significant and greatly enjoyed
- ☐ Did not happen often; not always the whole family, yet enjoyable

Fashion in my family was:

- ☐ Conservative; clothes were carefully chosen
- ☐ Rather unpredictable — we tried to blend in
- ☐ Faddish and trendy
- ☐ Appropriate to personality, occasion, and age

Meals in my family were:

- ☐ Old fashioned and wholesome; whole family attended
- ☐ Disorganised and stressful
- ☐ On impulse; often at fast food places
- ☐ Relaxed and shared; food was good and family ate together

Bedtime in my family was:

- ☐ Scheduled and enforced
- ☐ Disorganised and stressful
- ☐ Each person slept according to their own schedule
- ☐ Age appropriate but generally regular hours

Money in my family was:

- ☐ Too carefully controlled
- ☐ Dissipated without getting its value
- ☐ Extravagantly wasted
- ☐ Carefully used to increase comfort and experience

Sex roles in my family were:

- ☐ Strongly traditional male and female
- ☐ Somewhat unisexual
- ☐ Quite individualistic
- ☐ Clearly defined with distinct roles

Religion in my family was:

- ☐ Orthodox and conservative
- ☐ Mystical and heartfelt
- ☐ Not significant; we were not very religious
- ☐ Positive, personal, but also shared

Individuality in my family was:

- ☐ Highly controlled by parents
- ☐ Sacrificed for family closeness
- ☐ A necessity to survive
- ☐ Valued highly but balanced with caring for others



Do you like your prospective in-laws?

- ☐ Yes
- ☐ No
- ☐ Somewhat
- ☐ Have not met them yet

Are you planning to live with your in-laws after marriage?

- ☐ Yes
- ☐ No
- ☐ Temporarily

If yes — for how long, and how soon after the wedding?

SUBMISSION INSTRUCTIONS

1. Ensure all sections are completed as fully and honestly as possible.
2. Save this PDF with your name in the filename.
3. Email the completed form to:

odigiaglobal@gmail.com

All responses are strictly confidential and will be shared only with your assigned Odigia Global counsellor.